

## TWIST & SHAKE

32 count, 2 wall, beginner

Choreographer: Sylvie Roy

Music: The Shake – Neal McCoy

**1-8 WALK x 3, KICK & CLAP, BACK x 3, TOGETHER**

- 1-2 Step forward on right foot; step forward on left foot
- 3-4 Step forward on right foot, kick left foot forward & clap
- 5-6 Step back on left foot, step back on right foot
- 7-8 Step back on left foot, right foot to side of left

**9-16 SWIVELS RIGHT, HOLD & CLAP, SWIVELS LEFT, HOLD & CLAP**

- 1-2 Swivel the heels to the right, swivel the toes to the right
- 3-4 Swivel the heels to the right, hold & clap the hands
- 5-6 Swivel the heels to the left, swivel the toes to the left
- 7-8 Swivel the heels to the left, hold & clap the hands

**17-24 SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE TOUCH**

- 1-2 Step right foot to the right, step left foot beside right
- 3-4 Step right foot to the right, touch the left foot beside right
- 5-6 Step left foot to the left, step right foot beside left
- 7-8 Step left foot to the left, touch the right foot beside left

**25-32 ¼ TURN, TOUCH, SIDE, TOUCH, ¼ TURN, TOUCH, SIDE, TOUCH**

- 1-2 ¼ turn to the left, weight on the right foot, touch the left foot beside right
- 3-4 Step left foot to the left, touch right foot beside left
- 5-6 ¼ turn to the left, weight on the right foot, touch the left foot beside right
- 7-8 Step left foot to the left, touch right foot beside left

**Start again from the beginning**