



Approved by:

Maggie Gallagher

Doctor's Orders

4 WALL - 64 COUNTS - IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 - 2 3 - 4 5 - 6 7 - 8	Right Lock Step, Left Lock Step, Step, Pivot 1/2 Left Step right forward. Lock left behind right. Step right forward. Step left forward. Lock right behind left. Step forward right. Step forward right. Pivot 1/2 turn left. (6:00)	Right Lock Right Left Lock Left Step Turn	Forward Turning left
Section 2 1 - 2 3 - 4 5 - 6 7 - 8 Option	Side, Together, Step, Hold, Full Turn, Step, Scuff Step right to right side. Step left beside right. Step right forward. Hold. Make 1/2 turn right and step back onto left. Make 1/2 turn right and step forward on right. Step forward left. Make small scuff forward on right. Steps 5 - 7 can be replaced with a left lock forward.	Side Together Step Hold Full Turn Step Scuff	Right Forward Turning right Forward
Section 3 1 - 2 3 - 4 5 - 6 7 - 8	Forward Rock, Side Rock, Weave Left, 1/4 Turn Right Rock forward on right. Recover back onto left. Rock out to right side on right. Recover onto left. Cross right behind left. Step left to left side. Cross right over left. Make 1/4 turn right stepping back onto left. (9:00)	Forward Rock Right Rock Behind Side Cross Turn	On the spot Left Turning right
Section 4 1 - 2 3 - 4 5 - 6 7 - 8	Coaster Step, Scuff, Left Lock Step, Touch Step back on right. Step left beside right. Step right forward. Scuff left forward. Step left forward. Lock right behind left. Step left forward. Touch right beside left. (9:00)	Back Together Step Scuff Left Lock Left Touch	Back Forward
Section 5 1 - 2 3 - 4 5 - 6 7 - 8 Option	Side Touch x 2, Rolling Vine Right Step right to right side. Touch left beside right. Step left to left side. Touch right beside left. Step right 1/4 turn right. Make 1/2 turn stepping back onto left. Make 1/4 turn right stepping right to right side. Touch left beside right. (9:00) Steps 5 - 8 can be replaced with: Side right, Together, Side right, Touch.	Side Touch Side Touch Quarter Half Quarter Touch	Right Left Turning right
Section 6 1 - 2 3 - 4 5 - 6 7 - 8 Option	Side Touch x 2, Rolling Vine left Step left to left side. Touch right beside left. Step right to right side. Touch left beside right. Step left 1/4 turn left. Make 1/2 turn stepping back onto right. Make 1/4 turn left stepping left to left side. Touch right beside left. (9:00) Steps 5 - 8 can be replaced with: Side Left, Together, Side Left, Touch.	Left Touch Right Touch Quarter Half Quarter Touch	Left Right Turning left
Section 7 1 - 2 3 - 4 5 - 6 7 - 8	Weave Right, Toe Strut, Cross Strut Step right to right side. Cross left behind right. Step right to right side. Cross left over right. Step right toes to right side. Drop heel taking weight. Cross left toes over right. Drop left heel taking weight.	Side Behind Side Cross Right Strut Cross Strut	Right
Section 8 1 - 2 3 - 4 5 - 6 7 - 8 Option	Back, Side, Cross, Hold, Reverse Rolling Vine Step back on right. Step left to left side. Cross right over left. Hold. Make 1/4 turn right stepping left back. Make 1/2 turn right stepping right forward. Make 1/4 turn right stepping left to left side. Touch right beside left. (9:00) Steps 5 - 8 can be replaced with: Side left, Together, Side left, Touch.	Back Side Cross Hold Quarter Half Quarter Touch	Back Left Turning right

Choreographed by: Maggie Gallagher (UK) August 2008

Choreographed to: 'Doctor's Orders' by Jane McDonald from CD Jane;

also available as download from iTunes or tescodigital (32 count intro)



A video clip of this dance is available at www.linedancermagazine.com