STEPPIN'OFF





Approved by:

Ben Rain Against My Window

4 WALL - 32 COUNTS - INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	Direction
Section 1 1 & 2 3 - 4 5 & 6 Option 7-8	Touch, 1/2 Turn, Touch, Cross, 1/4 Turn, Triple Full Turn, Walk x 2 Touch right toe to right side. Turn 1/2 left on ball of left. Touch right to side. Cross right over left. Turn 1/4 right stepping left back. (9:00) Triple step full turn right on the spot - stepping, right, left, right. Replace full turn with Right coaster step. Walk forward left. Walk forward right.	Touch Turn Touch Cross Turn Triple Full Turn Walk Walk	Turning left Turning right Forward
Section 2 1 & 2 & 3 & 4 & Note 5 & 6 & 7 & 8 &	Modified Kick Ball Changes, Syncopated Kicks, Back Lock Step Kick left forward. Step ball of left to centre. Step right forward on left diagonal. Step left forward on left diagonal. Kick right forward. Step ball of right to centre. Step left forward on right diagonal. Step right forward on right diagonal. Move forward on counts 2& and 4&. Kick left to right diagonal. Step left to centre. Kick right to left diagonal. Step left back (starting lock step). Lock right across left. Step left back.	Kick & Step & Kick & Step & Kick & Kick & Kick & Kick & Kick Back Lock Back	On the spot Forward On the spot Forward On the spot Back
Section 3 1 - 2 3 - 4 5 & 6 Note 7 & 8	Back Rock x 2, Step, 1/4 Turn, Step, Full Turn Rock back on right (push right hip back and look right). Recover onto left. Rock back on right (push right hip back and look right). Recover onto left slightly forward. Step right forward. Step left 1/4 turn left. Step right in front of left. (6:00) Count 6 is a preparation step for the following full turn right. Turn 1/4 right stepping left back. Turn 1/2 right stepping right forward. Turn 1/4 right stepping left to left side (turn travels left). (6:00)	Back Rock Back Rock Step Turn Step Turn Turn Turn	On the spot Turning left Turning right
Section 4 1 - 2 3 - 4 Note 5 & 6 & 7 & 8 &	Back Rock, Step, 1/4 Turn, Modified Jazz Box, Weave Rock back on right (open hips to right diagonal). Recover onto left. Step right forward. Turn 1/4 left (to left diagonal), weight onto left. (3:00) Slight over-rotation on back rock and 1/4 turn will help in taking steps slowly. Step/sweep right in front of left. Step left back. Step right to right side and slightly back. Cross left over right. Step right to right side. Cross left behind right. Step right to right side. Cross left over right.	Back Rock Step Turn Cross Back Side Cross Side Behind Side Cross	On the spot Turning left Back Right
Ending 1 - 2	Wall 9: Dance first 16 counts, then Rock back on right. Strike a pose on return, looking right towards front wall.	Back Rock	On the spot

Choreographed by: Michael Barr (USA) May 2009

Choreographed to: 'I Can't Stand The Rain' by Seal (92 bpm) from CD Soul;

also available as download from amazon.co.uk or iTunes (intro: after words "I can't stand the" start on "rain")

