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Promised

32 Count, 4 Wall, Beginner

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Choreographed to: Promised Land by Omi.

CD: Me 4 U 2015

Introduction: 32 counts, start on approx. 16 sec. (No Tags or Restarts).

Part I.

[1-8]

Toe Strut Across, Kick ball Cross, ¼ L, Back, ¼ L, Side, Cross & Cross.

1-2

Step L across R on toe, Step L back in place.

3&4

Kick R diagonal forward, Step R back in place, Step L across R.

5-6

Making ¼ turn L (9) step R back, Making ¼ turn L (6) step L to L.

7&8

Step R across L, Step L slightly to L, Step R to R.

PART II.

[9-16]

1/8 L, Step, Kick, Side, Kick Diag, Behind, 1/8 R, Cross & Cross.

1-4

Making 1/8 turn L (4.30) step L forward, Kick R forward, Making 1/8 turn R (6) step R to R, Kick L forward.

5-6

Step L behind R, Step R to R.

7&8

Step L across R, Step R slightly to R, Step R to R.

PART III.

[17-24]

Side, Hold, Sailor Step, Sailor Turn ¼ L, Sailor Turn Across ¼ L.

1-2

Step R to R, Hold.

3&4

Step L behind R, Step R to R, Step L to L.

5&6

Step R behind L, Making ¼ turn L (3) step L to L, Step R forward.

7&8

Step L behind R, Making ¼ turn L (12) step R to R, Step L across R.

PART IV.

[25-32]

Back Jump Diag, Hold, Side Jump, 1/8 L, Back Jump Diag, Full Turn L, 1/8 L, Side.

&1-2

Jump R back diagonal, Touch L next to R, Hold (facing 12 o'clock).

&3

Jump L to L, Touch R next to L (facing 12 o'clock).

&4

Making 1/8 turn L (10.30) jump R Back, Touch L next to R.

5-6

At (10.30) step L forward, Making ½ turn L (4.30) step R back.

7-8

Making ½ turn L (10.30) step L forward, Making 1/8 L turn L (9) step R to R.

REPEAT DANCE AND HAVE FUN!