



Approved by:

Adrian Churm

Imelda's Way

4 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Side, Together, Forward, Hold, Charleston		
1 – 2	Step left to left side. Close right beside left.	Side Together	Left
3 – 4	Step left forward. Hold.	Step Hold	Forward
5 – 6	Swing right around to front, touching forward. Hold.	Front Hold	On the spot
7 – 8	Swing right around to back, weight ending on right. Hold.	Back Hold	
Section 2	Coaster Step, Hold, Forward Shuffle, Hold		
1 – 4	Step left back. Close right beside left. Step left forward. Hold.	Coaster Step Hold	On the spot
5 – 8	Step right forward. Close left beside right. Step right forward. Hold.	Right Shuffle Hold	Forward
Option	Replace Forward shuffle with Forward lock step.		
Section 3	Step, 1/4 Turn, Weave Right		
1 – 2	Step left forward. Turn 1/4 right onto right. (3:00)	Step Quarter	Turning right
3 – 4	Cross left over right. Hold.	Cross Hold	Right
5 – 6	Step right to right side. Cross left behind right.	Side Behind	
7 – 8	Step right to right side. Cross left over right.	Side Cross	
Section 4	Scissor Step, Hold, Point, Touch, Hip Bumps		
1 – 4	Step right to right side. Close left towards right. Cross right over left. Hold.	Scissor Step Hold	Left
5 – 6	Point left to left side. Touch left beside right.	Point Touch	On the spot
7 – 8	Bump left hip out. Bump left hip back in.	Bump Bump	
Styling	Option: On hip bumps, put right hand behind head and left hand on left hip.		

Choreographed by: Adrian Churm (UK) May 2012

Choreographed to: 'Inside Out' by Imelda May VS Blue Jay Gonzalez (Latin Mix) (168 bpm) on CD More Mayhem; also available as download from iTunes (start on vocals)



A video clip of this dance is available at www.linedancermagazine.com