

# COWBOY MAN

**Count:** 32

**Wall:** 2

**Level:** beginner polka

**Choreographer:** Mona Arvidson

**Music:** **Cowboy Man** by Lyle Lovett

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## **HEEL 2X RIGHT, COASTER STEP, HEEL 2X LEFT, COASTER STEP**

1-2Right heel forward twice

3&4Right back, left together, right forward

5-6Left heel forward twice

7&8Left back, right together, left side

## **SAILOR SHUFFLE, SAILOR SHUFFLE ¼ TURN LEFT, GALLOPS RIGHT**

9&10Right cross behind left, left side, right side

11&12Left cross behind right, ¼ turn left, step side on right (face 9:00), left side

13&14Right side, left together, right side

&15Left together, right side

&16Left together, right side

## **JAZZ BOX ¼ TURN, FORWARD BASIC 2X**

17-20Cross left over right, right back, ¼ turn left, step left (face 6:00), right forward

21&22Left forward, right together, left forward

23&24Right forward, left together, right forward

## **CROSS STEP HEEL 2X, SKIPS BACKWARD**

25&26Cross left over right, right back at slight angle, left heel

&27Step left, cross right over left

&28Left back at slight angle, right heel

29&30Right back, hop back on right, left back

&31Hop back on left, right back

&32Hop back on right, left back

**REPEAT**